

Activity Scheduling

We'll do our best to make sure the activities and schedules meet the goals of your group. Activities choices and the manner in which they are requested / scheduled will vary. Take a look at the information below & you'll see what we mean.

Weekend Groups

(March – mid June) (Sept. – mid Nov.)

... & most weekends during the summer

Traditionally for a "3-Day Program" you would choose 4 activities to complete during your stay with us. On the weekends we run an "Open Activity" format. What does this mean? Well, during certain hours on Saturday and Sunday morning, almost all activities will be open. Surfing, body boarding, art & crafts, archery, sand sculpting and the climbing tower are almost always included in the open activities schedule. A few others that *may* only be offered at specified times are nature hike, group games, sea survival, or orienteering (*If your group is interested in these activities please request them ahead of time*). Bay kayaking and snorkeling is generally not included in the weekend programming. All activities are subject to change due to weather conditions, staffing restrictions, and other unforeseeable conditions.

Some advantages to the Open Activity Format: your group will have the opportunity to complete more than just 4 activities, at least 6 will be offered and maybe more. Open scheduling allows for individual preferences and does not dictate a set schedule for your group and group members.



SAMPLE OPEN ACTIVITY SCHEDULE

FRIDAY

- 4:00 Check-In Begins
- 8:15 Orientation at Pirates Cove
- 9:00 Quiet Hours Begin

SATURDAY

- 8:00 Breakfast
- 9:00 Welcome, Raffle, Waterfront & Activity Orientation
- 9:00-12:00 Open Activities begin~
Surfing "lessons only"
Archery
Climbing Tower
Body Boarding
Sand Sculptures
- 12:30 Lunch — Camp Store Open, Waterfront Closed
- 2:00-5:00 Open Activities begin~
Surfing "open activity"
Arts & Crafts
Climbing Tower
Body Boarding
Sand Sculptures
- 5:30 Dinner
- 7:30 Campfire/Skit Night*
(*all group invited to participate)
- 9:00 Quiet Hours Begin

SUNDAY

- 8:00 Breakfast
- 9:00- Archery
Nature Hike @ 9:00
Sea Survival @ 10:30
Climbing Tower
Body Boarding
Sand Sculptures
- 12:30 Lunch
- 1:00 Free Time, Camp Store Open, Waterfront Closed
- 2:00 Departure from Camp Surf

Weekday Summer Groups

(mid June – end of August)

The group leader should email or call-in a request for the groups' activities at least two weeks in advance. Camp Surf staff will then create a schedule for the group to participate in those activities. If your groups' visit with us spans both the weekend and during the week you may have a combination of "open activities" during the weekend, and a specific schedule during the week. A three-day group generally receives 4 activity choices, a five-day group schedules up to 11, and a seven-day group participates in up to 17 activities.

Camp Surf Activities

*** The following activities are available during our open activity weekends, weather and conditions permitting.**

***Surfing :** Instructional land lesson including parts of board, board care and safety concerns, paddling technique, standing and turning, and continual instruction once you've entered the water.

***Bodyboarding :** Instructional land lesson including parts of board, board care and safety concerns, paddling technique, turning, and continual instruction once you've entered the water.

***Archery :** Instruction provided on proper firing technique, naming parts of the bow and arrow, safety concerns.

***Arts & Crafts :** Sand Candles, Lanyards (gimp), surfboard necklaces, hemp jewelery, etc...

***Sand Sculpture :** Use various tools to create anything your group desires. There's only one rule...No Sand Castles...you gotta come up with something more original than that!

***30ft. Climbing Tower :** Set a goal and challenge yourself as you scale the artificial rock wall! Make it to the top and check out the stunning views of the Pacific Ocean, Downtown San Diego, and Mexico!

The following activities may be arranged during our summer weekday programs, off-season, or other specialty programs.

Group Games : Various field games, tag games, and name games...just plain old fashioned fun!

Teambuilding : A series of exciting classes (up to three) designed to build self-esteem, group cooperation, communication and trust.

Sea Survival : A variety of outdoor survival techniques that may include fire-building, first-aid, cooking, signals, or making a shelter.

Nature Hike : Explore a variety of coastal environments. Learn about plants and animals and their unique adaptations to this unique ecosystem.

Sand, Waves, & Rips (SWR) : Sand, where it came from, and what its made of. Waves, the different types, how they are formed and why they "break". Rips, the different types, how they form, why they're dangerous, and how to survive one. All aspects involve contact with the ocean and beach environment.

Orienteering : Learn basic compass skills, and receive an introduction to topographic maps and ocean charts.

Groups whose participants are ALL over the age of 12 years may also choose:

Bay Kayaking* :** Instructional land lesson including safety concerns, paddling techniques, and steering techniques. Small groups set out, with an instructor, for a scenic flatwater paddle.

EXTRA FEE CHARGED FOR BAY KAYAKING

****Bay Kayaking requires a 10 mile trip out of camp, you provide transportation for your group. This activity requires two activity periods to complete, therefore it counts as 2 of your activity choices. Due to the staff intensive nature of this program availability will vary. 14 person minimum paying extra \$5 fee.*



Things to Share with The Group Participants Before Arrival

We've been doing this camp thing since 1969, and we've pretty much seen it all. Previous experience tells us that at least a few of the things listed below will probably be an issue during your stay at camp. In your pre-trip meetings, Camp Surf asks that you share this information with all of the members of your group who are attending. **Please read all of the following and share the appropriate information with your group members.**

1. **Camp Surf Waterfront:** You can't go to the public pool unless lifeguards are on-duty...same for Camp Surfs' Waterfront. **NO ONE is allowed to touch the water until after the group has received a "Waterfront Orientation" and until Camp Surf Lifeguards are on-duty.** Any member of your group who does not respect this safety rule may be asked to leave!
2. **Check-In Time:** No One is allowed to check-in until the time designated on your Reservation Agreement. Normally 4pm.
3. **Tents:** YMCA Camp Surf does not provide tents for group, so if you're going to be sleeping out on our beach, please bring your own. Space is limited, please limit the number and size of tents.
4. **Fiberglass Surfboards:** Hard surfboards are dangerous, especially when beginners are involved...for everyone's safety please leave these at home.
5. **Fires & Firewood:** Campfires must be contained in one of the camp fire rings. Several fire rings are available for group usage, but we have very limited firewood, so you might want to bring some along. There is a \$5 fee, per bundle, for use of the Camp Surf wood supply.
6. **Alcohol and Drugs** are not permitted in camp or on the beach at anytime. This is in compliance with the YMCA and the City of Coronado.
7. **Smoking** is not allowed inside camp gates or in beach campsites.
8. **Pets:** We love animals, but we cannot allow outside animals on camp.
9. **R.V.'s, Motorhomes, Tent Trailers, etc.:** Please leave these vehicles at home. Camp Surf is not equipped to handle these vehicles.
10. **Health Care:** All non-emergency health care issues should be directed towards the groups' designated health care provider.
11. **Skimboards:** are not allowed at Camp Surf.
12. **Food and Soda:** If you bring food into cabins or campsites, you'll find that ants and various other four-legged creatures show up soon afterwards!
13. **Wetsuits:** Wetsuits are recommended but currently not provided by Camp Surf.
14. **Sand Dunes and Lifeguard Towers:** These areas are off-limits. Please do not allow group members to play in, on, or around these areas.
15. **Personal Vehicles:** Vehicles must remain in the main parking lot, unless loading or unloading. Personal vehicles are not allowed on the beach for any reason.



Camp Surf
 The YMCA of San Diego County
 560 Silver Strand Blvd.
 Imperial Beach, CA 91932
 (619) 423-5850

Driving Directions:

Traveling South on I-5 or I- 805,
 Take Palm Ave Exit.

****I-805 has two totally different Palm Ave. Exits!
 DO NOT take Palm Ave Exit #11A in San Diego,
 Instead, travel 8.6 miles farther south to
 Palm Ave Exit #2. - See map Special Note A.**

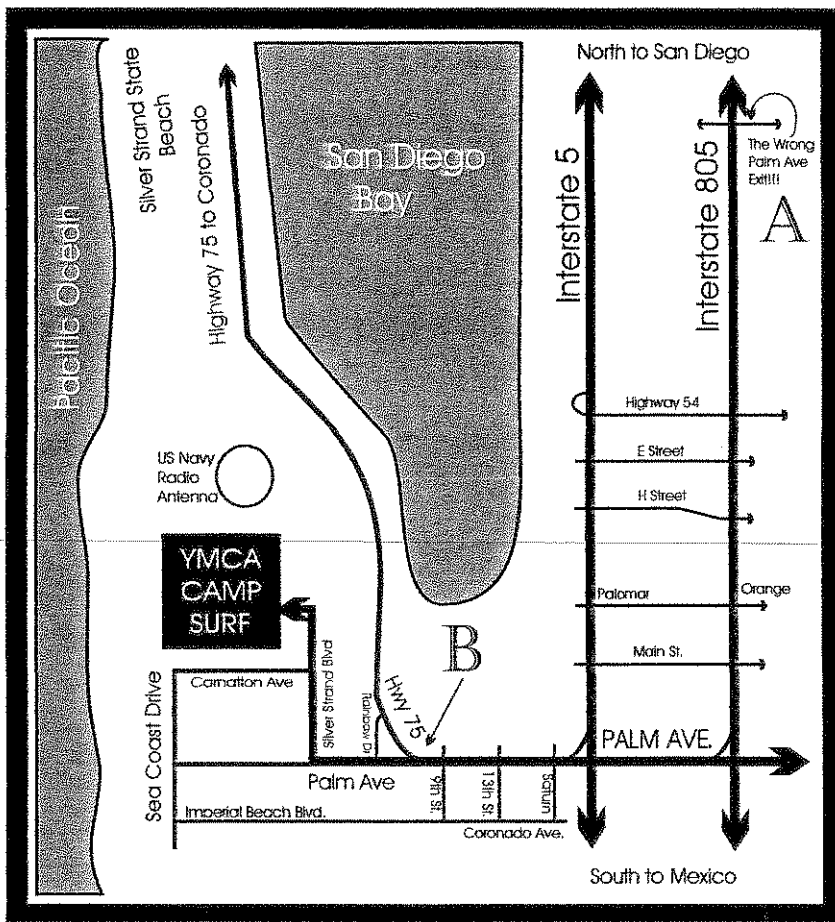
Turn Right (West) at top of Ramp, Palm Ave.

**STAY on Palm Ave towards Imperial Beach
 ***Be aware that Palm Ave & Highway 75 split -
 Palm Ave bears LEFT on to Imp. Beach, Hwy 75
 goes RIGHT (almost straight) to Silver Strand
 State Beach and Coronado. See map Special Note B.**

Follow Signs and Keep LEFT on Palm Ave

One block after the 4-way stop, turn Right (north) onto Silver Strand Blvd. Go 3 blocks and on your left you will see the entrance to YMCA CAMP SURF!

Follow the entrance road to the left, Park in Parking Lot, then walk to check-in at the Office! See You Soon!



Do You Need Transportation To Camp?

Due to limited space, resources, and group volume at Camp Surf we have found that transportation provided by outside companies provides for a smoother, faster transition from the airport, bus station, and train station. Listed below are some local companies and contacts to help you organize transportation to Camp Surf.

Ryder Transportation

606 Euclid Ave.
 San Diego, CA 92114
 Phone: (619) 527-2311
 Fax: (619) 527-2674

Contact: Kim Steevf

Service: 58 passenger bus (up to 87 sitting 3 to a seat) - \$150 one-way, \$300 round trip.

Airport Shuttle

2820 Market St.
 San Diego, CA 92102
 Phone: (619) 234-4403
 Fax: (619) 234-4473

Contact: Dennis Stankovic

Service: 7-passenger van \$32 per van one way

Cloud 9 Shuttle

3520 Kurtz St.
 San Diego, CA 92110
 Phone: (619) 505-4900
 Fax: (619) 574-8050

Contact: Any Sales Rep.

Service: 7 passenger van \$57 per van one way